# Priming for Mentor 1:1

## High-level (C2-G2-R2)

* **Condition:** How are you feeling? Green ✅, yellow ⚠️, orange 🔶, red 🚨?
* **Challenges:** What was difficult recently?
* **Growth:** What areas do you want to grow? What type of help do you need?
* **Goals:** How are you tracking on your goals?
* **Reflections:** Is there anything you wish went better recently?
* **Relationships:** How are things with your manager and other people you’re working with?

## Detailed

* **Get feedback on…**
  + A doc you wrote before you share it broadly
  + A presentation you made or are planning to present
  + An email you wrote
  + A Slack message or announcement
  + Code review comments you wrote or a discussion you had
  + A code change
  + Your self-review packet
* **Discuss…**
  + Feedback you received
  + Your performance review
  + Navigating a difficult situation with a coworker or your manager
  + Achieving work-life balance
* **Collaborate…**
  + On a technical design
  + On a doc or presentation you’re making
  + On a code change you plan to do
  + On a code change I’m working on
  + Anything else!
* **Optimize…**
  + Your daily systems
  + How you plan and prioritize what to work on
  + Any efficiencies and tools around shipping code–like terminal setup, VSCode setup and hotkeys, etc.
  + How you track important docs related to your work
* **Learn…**
  + How to run or organize your meetings
  + How to build stronger relationships with your teammates or manager
  + How to better manage your time
  + How to be more visible in your team
  + How to become a go-to person on your team
  + How to mentor others on your team